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Website: [www.sth.org.hk](http://www.sth.org.hk)

- 本院设有「八达通」时钟泊车服务  
We provide Octopus hourly parking service
- 公共小巴绿色专线/ Green Line Public Bus: 2, 17M, 25M, 46, 70
- 红色非专线: 旺角往新蒲岗/黄大仙/九龙城  
Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin/Kowloon City
- 公共巴士/ Public Bus : 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- 港铁 / MTR
- \* 乐富站换乘的士约五分钟到达 / Lok Fu Station: 5 mins by taxi
- \* 旺角站换乘非专线小巴(近先达广场)至露明道 Mongkok Station: by red line minicab, get off at Lomond Road
- ※ 宋皇台: B1 出口, 可步行 5-10 分到达 Sung Wong Toi: Exit B1, about 5-10 minutes walk
- 东铁 / East Rail Line
- \* 旺东可换乘的士约五分钟到达 Mongkok East: about 5 minutes by taxi
- \* 九龙塘可换乘专线小巴 25M 至界限街 Kowloon Tong: by green line bus no. 25M
- 复康巴士电召服务/Rehabus (Dial a Ride) : 28178154

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St. Teresa's Hospital  
聖德肋撒醫院

Management of Diarrhea

腹瀉處理

Health Information

健康信息

## 腹泻处理

- 多喝开水或稀粥水
- 勿进食油腻煎炸、高纤维、蔬果类及奶类食
- 进食前及如厕后必须洗手
- 按医生处方服用补充水份溶液
- 如腹泻加剧、小便量减少、呼吸加速、烦躁不安、神志不清或呆滞，请尽快求医
- 替小孩患者更换尿片后，必须替其清洗，臀部可涂上合适药膏以保护臀部皮肤

\*以上信息只供参考，并不能完全反映医生意见，想了解更多有关信息，应咨询你的医生。

## Management of Diarrhea

- Drink more water or congee
- DO NOT take fried food, food containing high fiber, vegetables or dairy products
- Take oral re-hydrating solution as doctor's prescribed



- Seek medical help immediately if:
  - ※ diarrhea gets more severe
  - ※ decreased urine output
  - ※ breathing getting faster
  - ※ found restless
  - ※ found unconscious or delirious
- For patients who are incontinent, please rinse the buttock whenever napkin is changed. Suitable lotion can be applied to prevent skin laceration on buttock

\*This document is for information purpose and is not intended to be a substitute for the advice of a doctor. Should you have any queries, please consult your doctor-in-charge.

References: World Health Organization. (2007). Guideline for management of common diseases in young children in emergencies

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